

Guided Ayahuasca Retreat Schedule

Inin Nete

Day 1		
5:00pm	Arrival at the Center	
6:00pm	Welcome	Cocina
6:30pm	Dinner	Cocina
Day 2		
7:00am	Vomitivo	Maloca
8:00am	Silent Breakfast	Cocina
9:30am	Introduction (Maestros)	Maloca
	Ceremony/Moontime Talk (Mee Ok)	
12:00pm	Silent Lunch	Cocina
1:00pm	Processing/Integration/Intention Setting (Mee Ok)	Maloca
3:00pm	Flower Bath	Cocina
	<i>Silence Begins</i>	
7:00pm	CEREMONY 1	Maloca
Day 3		
8:00am	Silent Breakfast	Cocina
12:00pm	Silent Lunch	Cocina
1:00pm	Intention Setting (Mee Ok)	Maloca
	<i>Silence Begins</i>	
7:00pm	CEREMONY 2	Cocina
Day 4		
7:00am	Sauna	Cocina
8:00am	Silent Breakfast	Cocina
9:00am	Processing/Integration (Mee Ok)	Maloca
12:00pm	Silent Lunch	Cocina
1:00pm	Intention Setting (Mee Ok)	Maloca
	<i>Silence Begins</i>	
7:00pm	Dinner	Cocina
Day 5		
8:00am	Silent Breakfast	Cocina
9:00am	Plant Medicine Talk (Maestros)	Maloca
12:00pm	Lunch	Cocina
1:00pm	Free Time/1-on-1 Facilitation (Mee Ok)	Maloca
7:00pm	Dinner	Cocina
Day 6		
8:00am	Breakfast	Cocina
9:00am	Free Time/1-on-1 Facilitation (Mee Ok)	Maloca

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12:00pm	Lunch	Cocina
1:00pm	Intention Setting (Mee Ok) <i>Silence Begins</i>	Maloca
7:00pm	CEREMONY 3	Maloca
Day 7		
8:00am	Silent Breakfast	Cocina
12:00pm	Lunch	Cocina
1:00pm	Arkana Talk/Intention Setting (Mee Ok)	Maloca
3:00pm	Flower Bath <i>Silence Begins</i>	Cocina
7:00pm	CEREMONY 4	Maloca
Day 8		
8:00am	Silent Breakfast	Cocina
9:00am	Processing/Integration (Mee Ok)	Maloca
11:00am	Masaje	Maloca
12:00pm	Lunch	Cocina
1:00pm	Consulta/Dieta/Reciprocity/Returning Home (Mee Ok)	Maloca
7:00pm	Dinner	Cocina
Day 9		
8:00am	Breakfast	Cocina
9:00am	Group Photo/Shipibo Market	Maloca
11:00am	Closing Circle	Maloca
12:30pm	Departure	